

Spring/Summer Menu 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 AM snack	Triscuits & Fresh Fruit with Milk	Cereal & Fresh Fruit with Milk	Peaches, Cottage Cheese & Granola with Milk	Oatmeal Breakfast Bites & Protein Smoothie	Toast, Sun Butter & Fresh Fruit with Milk
LUNCH	Baked Cod with crumb topping, Brown Rice, Cooked Peas & Fresh Fruit with Milk	Pizza Sandwich, Pizza Sauce Dip, Chicken Caesar Salad & Fresh Fruit with Milk	Cheesy Bean and Broccoli Pasta, Cooked Carrots & Fresh Fruit with Milk	Oatmeal Pancakes topped with Greek Yogurt and Berries, Turkey Crumble & Fresh Fruit with Milk	Lentil Sloppy Joes on a Bun, Garden Salad & Fresh Fruit with Milk
PM snack	Fresh Fruit, W/W Saltines & Cheese with Water	Vegetable Tray & W/W Pita with Water	Fresh Fruit & W/G Crackers with Water	Vegetable Tray, W/W Bread & Margarine with Water	Fresh Fruit & Melba Toast with Water
Week 2 AM snack	Plain Cheerios & Fresh Fruit with Milk	W/G Crackers & Fresh Fruit with Milk	Yogurt, Berries & All Bran Buds with Milk	Cereal & Fresh Fruit with Milk	W/W Bagels, Margarine & Fresh Fruit with Milk
LUNCH	Chicken Pesto Pizza, Cooked Green Beans & Fresh Fruit with Milk	Tofu and Chickpea BBQ Sandwiches on W/W Buns, Creamy Coleslaw & Fresh Fruit with Milk	Butter Herbed Tilapia, Mashed Sweet Potatoes, Brown Rice & Fresh Fruit with Milk	Herbed French toast Swiss Cheese Sandwich, Garden Salad & Fresh Fruit with Milk	Beef Cheeseburger Patty, Macaroni Salad, Mixed Vegetables & Fresh Fruit with Milk
PM snack	Triscuits & Fresh Fruit with Water	Chicken Cubes, W/W Wraps & Vegetable Tray with Water	Vegetable Tray & W/W Crackers with Water	Fresh Fruit, Chocolate Black Bean Hummus & W/W Wrap with Water	Vegetable Tray, W/W Bread & Fruit Spread with Water
Week 3 AM snack	W/W Crackers & Fresh Fruit with Milk	Cereal & Fresh Fruit with Milk	W/G Crackers & Fresh Fruit with Milk	W/W English Muffin, Margarine, Hardboiled Egg & Fresh Fruit with Milk	W/G Crackers & Fresh Fruit with Milk
LUNCH	W/W Chicken Wrap, Cheese, lettuce, Ranch, Vegetable Tray & Fresh Fruit with Milk	W/W Grilled Cheese, Homemade Baked Beans, Vegetable Tray & Fresh Fruit with Milk	Baked Turkey Meatballs in Tomato Sauce, Basmati Rice, Cooked Peas & Fresh Fruit with Milk	Bean Chili W/W Macaroni, Caesar Salad & Fresh Fruit with Milk	Tuna Melt on W/W Bun, Cooked Green Beans & Fresh Fruit with Milk
PM snack	Fresh Fruit & Fruit Spread Sandwiches with Water	Fresh Fruit, Pita & Sun Butter with Water	Vegetable Tray, Yogurt Dill Dip & Melba Toast with Water	Fresh Fruit & Pretzel Buns with Water	Vegetable Tray & Trail Mix with Water
Week 4 AM snack	W/G Crackers & Fresh Fruit with Milk	W/W Pita, Cream Cheese & Fresh Fruit with Milk	W/G Crackers & Fresh Fruit with Milk	Banana Lentil Muffins & Fresh Fruit with Milk	W/W Toast, Margarine & Fresh Fruit with Milk
LUNCH	Garden Salad, Kidney Beans, Brown Rice, Cheese, Garlic Toast & Fresh Fruit with Milk	Breaded Sole, Cooked Carrots, W/W Couscous & Fresh Fruit with Milk	Green Vegetable Frittata, W/W Toast, Mixed Vegetables & Fresh Fruit with Milk	Turkey Tacos (turkey, cheese, lettuce, w/w wraps, Greek yogurt), Mixed Greens Salad & Fresh Fruit with Milk	Tofu Stir Fry, Rotini Pasta & Fresh Fruit with Milk
PM snack	Fresh Fruit, W/W Wraps, Greek Yogurt & Cheese with Water	Vegetable Tray, W/W Bread & Margarine with Water	Frozen Yogurt Tubes, Dry Cereal & Fresh Fruit with Water	Vegetable Tray & Bagel Wedges with Water	Fresh Fruit, Melba Toast & Cheese Cubes with Water

Preschool milk is 2%, Infant and Toddler milk is homogenized. Honey will be replaced with maple syrup for Infants. Infants receive cooked vegetables daily